

Sisters for Yah

Why is Yahweh jealous?

Many people are confused about Deuteronomy 4:24, which reads, "For Yahweh your Elohim is a consuming fire, a jealous Elohim."

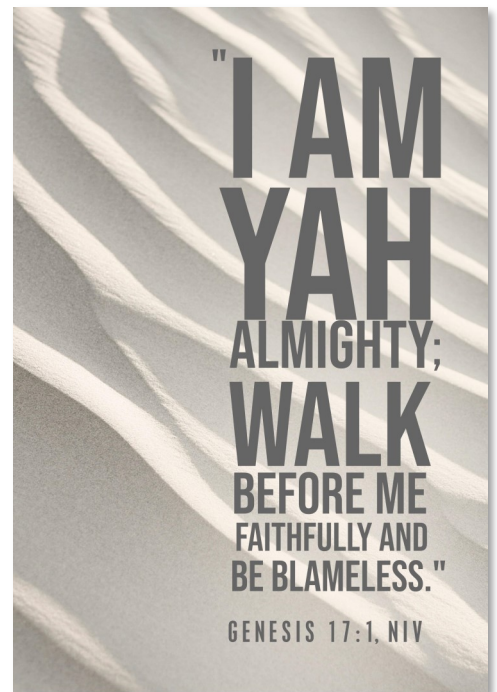
Growing up, we all were taught that jealousy was a bad thing, right? Actually, jealousy can be a very bad thing! We usually think of a jealous person as someone who is resentful, spoiled, or suspicious. Murders have been committed by people who want what other people have. Years ago, I heard that youngsters were being killed by jealous peers because they were wearing certain brands of shoes!

But Yahweh's jealousy on our behalf is something that should be precious to us. He has complete right to our lives. Yahweh's jealousy is for our good. He doesn't want anyone or anything to take us away from Him. That is one reason He commanded that we worship no other deities, but Him alone. We must allow nothing to distract us from His consuming love.

Yahweh is opposed to anything that hinders our relationship with Him. Read Deuteronomy 6:15. He knows the danger of His people worshipping other deities, how they lure people away, and deceive them. False worship leaves us empty. Yahweh will never tolerate anything that takes precedence over our love for Him. Our faithfulness to Yahweh assures us of the abundant life He will give us in the Kingdom.

We can read of ancient Israel's example. They rejected Yahweh repeatedly, but Yahweh often pursued them until they returned to Him. He did this by allowing bad things to happen to them: War, captivity, illness, etc. Even today, sometimes Yahweh will allow bad things to happen to us to cause us to turn back to Him. I've heard it said from many believers that sometimes Yahweh will allow a person to hit rock bottom to cause them to re-examine their lives.

If certain people or possessions take us away from Yahweh, it's time to make some changes. We should never resent the fact that Yahweh wants us to guard our relationship with Him. May it bring us comfort. Seek to make Yahweh your top priority. Our love for Yahweh should reach into every corner of our lives. Yahweh gave us His Son so that we may be saved. Let's respond to Him our highest devotion in return.



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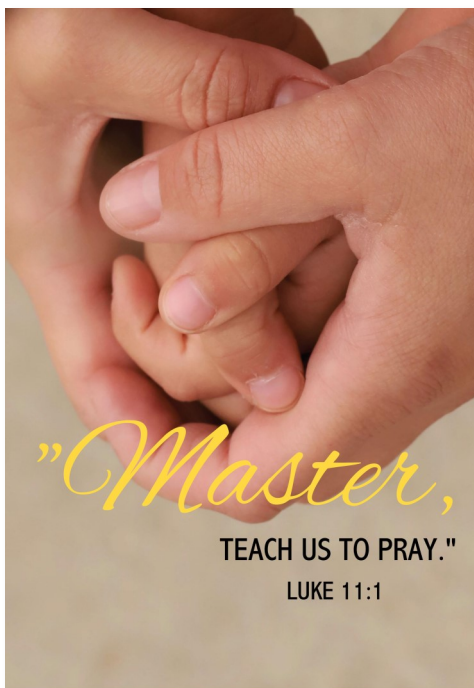
NOW IS THE RIGHT TIME

People often make excuses about making a commitment to Yahweh . Even in the New Testament, we read, “Then another one of His disciples said to Him, “Master, let me first go and bury my father.” (Matthew 8:21)

First, of course, there is nothing inherently wrong with “burying a dead relative.” The point that Yahshua was trying to make is that He knew this was just an excuse from the man to avoid making a commitment to Him. Often the struggle is not deciding whether we should obey Yahshua or not, but in whether or not we want to follow Him *immediately*. I’ll never forget what a man told me years ago. He said that he carefully watched his diet and lifestyle to stay healthy and plan for a long life, but if ever things started to deteriorate or decline in his life or health, he would then turn to Yahweh, and have a so-called “death bed” conversion. While I found his reasoning humorous, my thought was: What happens should he die suddenly, and not have time to convert? How would he explain that to Yahweh when he is resurrected in the second resurrection? By then, it would probably be too late for salvation, because he deliberately waited even though he knew better.

When Yahweh reveals His will to you, that is the time to obey! Don’t just acknowledge your need to follow Him, then go back to live as you usually do. Timing our obedience is crucial. Invitations from Yahweh can often come with a limited opportunity to respond. If we don’t respond, He may just decide to choose someone else. Missing opportunities can be tragic. Make the right choice before it’s too late.

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Panic or Pray?

Have you ever been in a situation where you didn't know what to do about something really important? You had a life-changing decision, and not a clue as to what choice to make. Many of us have. I am guilty of panicking, instead of praying. One of the hardest thing I’ve ever had to learn to do is letting go of my attachment to a particular outcome. We all want things to go well in our lives. We can feel disappointed when we get the opposite of what we desperately hope for. I have had to learn the hard way that the best thing to do is to always cast my cares upon Yahweh. We all face difficult decisions. Panic is never a good idea. Pray first! If you still don’t know what to do, seek counsel from other trusted believers. They can share their life experiences and testimonies. Perhaps they dealt with a similar situation. Read Scripture for comfort!

The many benefits of blueberries

Looking for a delicious and versatile way to improve your health? Try blueberries! They can be added to baked goods, salads, cereals, or eaten as a snack by themselves. These tiny but mighty berries have many benefits:

Anti-aging: Blueberries contain powerful antioxidants. They also have substantial amounts of Vitamin K, which is known to reduce skin wrinkling.

Good for your peepers! Containing Vitamin E and Lutein, blueberries may ward off eye diseases.

Digestive Aid: The fiber in blueberries can promote digestive health, which in turn can boost your immune system.

Cancer fighting properties: May prevent DNA damage, which reduces cancer risk.



Making Decisions

1. Follow Yahweh's direction. Psalm 24:4, *Show me the path where I should walk, O Yahweh; point out the right road for me to follow.*
2. Saturate your life with prayer. Luke 6:12-13, *One day soon afterward Yahshua went to a mountain to pray, and He prayed to Elohim all night. At daybreak, He called together all of His disciples and chose twelve of them to be apostles.*
3. Consult Yahweh's Word for wisdom. Romans 2:18, *Yes, you know what He wants; you know right from wrong because you have been taught His law.*
4. Read Psalm 37:30, *The mouth of the righteous utters wisdom, and his tongue speaks justice.*
5. Listen to wise counsel. Proverbs 12:15, *Fools think they need no advice, but the wise listen to others.*
6. Be open to good advice. Proverbs 18:15, *Intelligent people are always open to new ideas. In fact, they look for them.*
7. Psalm 25:12, *Who are those who fear Yahweh? He will show them the path they should choose.*
8. Proverbs 4:5, *Learn to be wise, and develop good judgment. Don't forget or turn away from my words.*



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Zucchini Stir Fry

- 1 pound sliced zucchini
- 1 minced garlic clove
- 2 T. olive oil
- 1/2 t. salt
- 1/4 t. Italian seasoning
- Black pepper, to taste



Heat the oil in a large skillet. Saute the garlic and zucchini until crisp tender, about 4 or 5 minutes. Top with the seasonings.

Chicken Strawberry Salad



- 1 pound chicken breasts, cut into strips and sauteed in olive oil
- 1/4 cup chicken broth
- 1/4 cup poppy seed dressing
- 2 cups spinach or other greens
- 1 cup torn romaine or butter lettuce
- 1 cup strawberries, sliced
- 1/2 cup toasted almonds, sliced

After cooking chicken, drain off excess liquid in pan. Combine broth and 1 T. poppy seed dressing. Spoon over chicken. In a large salad bowl, toss the greens and berries. Add chicken and remaining dressing. Garnish with the almonds or avocado. Makes 2 or 3 servings.

